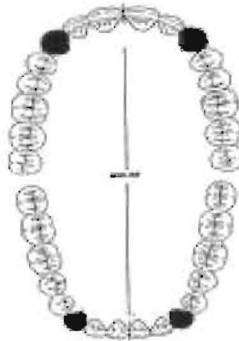


Fresh Smiles by Christine Ottersberg, DDS
After Care Instructions for Temporaries Crowns, Onlays & Veneers

Your treatment today consisted of the placement of one or more temporary restorations. This means you will see an immediate but not final result which may include (but not be limited to) a whiter, straighter smile and stronger teeth.

These temporary restorations require special care so that they can aid in the healing process and remain secure until the placement of the final, permanent restorations.

1. Brush twice daily and after sugary snacks or drinks.
2. Do not eat anything sticky (taffy or gum) or hard (hard pretzels, nuts or crusty bread) on these teeth as this may break or dislodge the temporaries. Cut food into small pieces.
3. Some mild sensitivity due to temperature may occur. If this persists for more than 4 days, contact us.
4. The chart below shows where some teeth are connected – do not try to floss these areas as this may loosen the temporaries.



5. If your temporaries become loose or dislodged, contact us immediately.
6. CALL US IF YOU HAVE ANY QUESTIONS OR DIFFICULTIES.

FOLLOWING MOST SURGICAL PROCEDURES THERE MAY OR MAY NOT BE PAIN, DEPENDING ON YOUR THRESHOLD FOR PAIN. YOU WILL BE PROVIDED WITH MEDICATION FOR DISCOMFORT THAT IS APPROPRIATE FOR YOU. IN MOST CASES, A NON-NARCOTIC PAIN REGIMEN WILL BE GIVEN CONSISTING OF *ACETAMINOPHEN* (TYLENOL) AND *IBUPROFEN* (ADVIL). THESE TWO MEDICATIONS **TAKEN TOGETHER**, WILL BE AS EFFECTIVE AS A NARCOTIC WITHOUT ANY OF THE SIDE AFFECTS ASSOCIATED WITH NARCOTICS. IF A NARCOTIC HAS BEEN PRESCRIBED, FOLLOW THE DIRECTIONS CAREFULLY. IF YOU HAVE ANY QUESTIONS ABOUT THESE MEDICATIONS INTERACTING WITH OTHER MEDICATIONS YOU ARE PRESENTLY TAKING, PLEASE CALL OUR OFFICE, YOUR PHYSICIAN AND/OR YOUR PHARMACIST.

Dr. Ottersberg O- 897-8838 H- 748-5098 C- 690-5344
COMPANIONS'S SIGNATURE:

DATE:
PATIENT'S SIGNATURE: